ORIGINAL ARTICLE

Phase I/II study of gemcitabine as a fixed dose rate infusion and S-1 combination therapy (FGS) in gemcitabine-refractory pancreatic cancer patients

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Abstract

Purpose There is no standard regimen for gemcitabine (Gem)-refractory pancreatic cancer (PC) patients. In a previous phase II trial, S-1 was found to exhibit marginal efficacy. Gem administration by fixed dose rate infusion of 10 mg/m²/min (FDR-Gem) should maximize the rate of intracellular accumulation of gemcitabine triphosphate and might improve clinical efficacy. We conducted the phase I/II of FDR-Gem and S-1 (FGS) in patients with Gemrefractory PC.

Methods The patients received FDR-Gem on day 1 and S-1 orally twice daily on days 1–7. Cycles were repeated every 14 days. Patients were scheduled to receive Gem (mg/m²/week) and S-1 (mg/m²/day) at four dose levels in the phase I: 800/80 (level 1), 1,000/80 (level 2), 1,200/80

(level 3) and 1,200/100 (level 4). Forty patients were enrolled in the phase II study at recommended dose.

Results The recommended dose was the level 3. In the phase II, a partial response has been confirmed in seven patients (18%). The median overall survival time and median progression-free survival time are 7.0 and 2.8 months, respectively. The common adverse reactions were anorexia, leukocytopenia and neutropenia.

Conclusion This combination regimen of FGS is active and well tolerated in patients with Gem-refractory PC.

Keywords Chemotherapy · Pancreatic carcinoma · Second-line · Gemcitabine · S-1 · Salvage · Fixed dose rate infusion

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Introduction

Gemcitabine monotherapy or gemcitabine-containing combination chemotherapy is the standard first-line therapy for advanced pancreatic cancer. In the recent phase III study, the first-line FOLFIRINOX regimen (5-fluorouracil, leucovorin, irinotecan and oxaliplatin) led to a median survival of 11.1 months compared with 6.8 months in the gemcitabine group [4]. However, the FOLFIRINOX regimen was quite toxic (e.g., 5.4% of patients had grade 3 or 4 febrile neutropenia), and a survival benefit was shown only among a highly select population with a good performance status, an age of 75 years or younger, and normal or nearly normal bilirubin levels [13]. Therefore, this combination therapy was considered to be one of the treatment options for patients in good general condition, and gemcitabine remains the mainstay of care for patients with advanced pancreatic cancer. However, after disease progression during first-line gemcitabine-containing chemotherapy, the



options for further anticancer treatment are limited. S-1 is an orally administered anticancer drug that consists of a combination of tegafur, 5-chloro-2,4-dihydroxypyridine and oteracil potassium in a 1:0.4:1 molar ratio [27]. The antitumor effect of S-1 has already been demonstrated in a variety of solid tumors including pancreatic cancer [7, 11, 12, 14, 20, 21, 25, 26, 32, 33]. In patients with chemo-naïve pancreatic cancer, an overall response rate of 21.1% was achieved, and the median time-to-progression and median overall survival period were 3.7 and 8.3 months, respectively [32]. In gemcitabine-refractory metastatic pancreatic cancer, our recent phase II study of S-1 yielded results that demonstrated marginal activity including a response rate of 15%, a median progression-free survival time of 2.0 months and a median overall survival time of 4.5 months, with a favorable toxicity profile [17]. In addition, other reports also demonstrated marginal antitumor activity [1, 28]. Gemcitabine administration via infusion at a fixed dose rate of 10 mg/m²/min (FDR-Gem) has been found to increase the intracellular drug concentrations, compared with gemcitabine at a standard dose rate infusion over a period of 30 min. A recent phase II study of combination therapy consisting of FDR-Gem and oxaliplatin (GEMOX) yielded results that demonstrated activity in gemcitabine-refractory advanced pancreatic cancer [5], although oxaliplatin is inactive against pancreatic cancer when used as a single agent [6]. The increased intracellular concentrations of gemcitabine as a result of FDR infusion and/or the synergistic effect of gemcitabine and oxaliplatin may play an important role in the antitumor effect of GEMOX. This finding is of interest when considering the effect of combination therapy consisting of FDR-Gem and some other agent that exhibits a synergistic effect with gemcitabine in patients with metastatic pancreatic cancer who failed standard dose rate gemcitabine.

The inhibition of ribonucleotide reductase by gemcitabine is considered to enhance the effect of the 5-FU metabolite 5-FdUMP by reducing the concentration of its physiological competitor [10]. Preclinical studies have demonstrated a synergy between gemcitabine and 5-FU in tumor cell lines, including pancreatic cancer cells [3, 23]. S-1 is a fluoropyrimidine, and several phase II studies of S-1 and gemcitabine combination therapy have yielded results that demonstrated a promising activity in chemonaïve advanced pancreatic cancer patients, including a response rate of 32–48% and a median survival times of 7.89–12.5 months [16, 18, 19, 31].

Therefore, we conducted the present phase I/II study to determine the recommended doses of FDR-Gem and S-1 (FGS) to use for combination therapy and to evaluate the toxicity and efficacy at the recommended doses in patients with gemcitabine-refractory pancreatic cancer.



Eligibility criteria

The eligibility criteria were histologically proven pancreatic adenocarcinoma with measurable metastatic lesions, disease progression during gemcitabine-based first-line chemotherapy, age 20 years or over, ECOG performance status of 0–2 points, more than 2-week interval between the final dose of the prior chemotherapy regimen and study entry, adequate bone marrow function (leukocyte count $> 3,500/\text{mm}^3$, neutrophil count $\geq 1,500/\text{mm}^3$, platelet count $\geq 100,000/$ mm³, hemoglobin concentration ≥ 9.0 g/dL), adequate renal function (serum creatinine level < 1.1 mg/dL) and adequate liver function (serum total bilirubin level < 2.0 mg/dL, transaminase levels < 100 U/L). Patients with obstructive jaundice or liver metastasis were considered eligible if their total bilirubin level < 3.0 mg/dL and transaminase levels could be reduced to 150 U/L by biliary drainage. The exclusion criteria were regular use of phenytoin, warfarin or flucytosine, history of fluorinated pyrimidine use, severe mental disorder, active infection, ileus, watery diarrhea, interstitial pneumonitis or pulmonary fibrosis, refractory diabetes mellitus, heart failure, renal failure, active gastric or duodenal ulcer, massive pleural or abdominal effusion, brain metastasis, and active concomitant malignancy. Pregnant or lactating women were also excluded. Written informed consent was obtained from all patients. This study was approved by the institutional review board of the National Cancer Center of Japan.

Treatment

Considering the patients' quality of life, we adopted biweekly schedule. Gemcitabine (Eli Lilly Japan K.K., Kobe, Japan) was administered by FDR intravenous infusion of 10 mg/m²/min on day 1. S-1 (Taiho Pharmaceutical Co., Ltd., Tokyo, Japan) was administered orally twice daily on day 1 to day 7, followed by a 1-week rest. Treatment cycles were repeated every 2 weeks until disease progression or unacceptable toxicity occurred. If blood examination revealed leukocytopenia < 2,000/mm³, thrombocytopenia < 75,000/mm³, total bilirubin > 3.0 mg/dL, aspartate aminotransferase or alanine aminotransferase level > 150 U/L, or creatinine > 1.5 mg/dL, both gemcitabine and S-1 were withheld until recovery. If a patient experienced dose-limiting toxicity (DLT), the dose of gemcitabine and S-1 was reduced by one level in the subsequent cycle. If a rest period of more than 15 days was required because of toxicity, the patient was withdrawn from the study. Patients were scheduled to receive gemcitabine and S-1 at four dosage levels (Table 1). Two dosage levels of S-1 were established according to the body



Table 1 Dosage levels of gemcitabine and S-1

Dosage level	Gemcitabine	S-1
Level 0	600 mg/m ² /60 min	Dosage A
Level 1 ^a	800 mg/m ² /80 min	Dosage A
Level 2	1,000 mg/m ² /100 min	Dosage A
Level 3	1,200 mg/m ² /120 min	Dosage A
Level 4	1,200 mg/m ² /120 min	Dosage B

^a Starting dosage

surface area as dosage A, about 80 mg/m²/day, and dosage B, about 100 mg/m²/day (Table 2). At the first dose level (level 1), gemcitabine was administered at a dosage of 800 mg/m² administered as a 80-min infusion, and S-1 was administered at dosage A. At the next dose level (level 2), the gemcitabine dosage was increased to 1,000 mg/m² administered as a 100-min infusion, and S-1 was administered at the same dosage. At the next dose level (level 3), the gemcitabine dosage was increased to 1,200 mg/m² administered as a 120-min infusion, and S-1 was administered at the same dosage. At the final dosage level (level 4), gemcitabine administered at the same dosage, and S-1 was administered at dosage B.

Study design

This study was an open-label, four-center, single-arm phase I/II study performed in two steps. The objective of step 1 (phase I) was to evaluate the frequency of DLT during first 2 cycles (4 weeks) and then use the frequency of DLT to determine which of the four dosages tested to recommend (Table 1). At least 3 patients were enrolled at each dosage level. If DLT was observed in the initial three patients, up to three additional patients were entered at the same dosage level. The highest dosage level that did not cause DLT in 3 of the 3 or \geq 3 of the 6 patients treated at that level during the first two cycles of treatment was considered the maximum-tolerated dosage (MTD). DLT was defined as (1) grade 4 leucopenia or grade 4 neutropenia or febrile neutropenia, (2) grade 4 thrombocytopenia or thrombocytopenia requiring transfusion, (3) grade 3 or 4 non-hematological toxicity excluding hyperglycemia and electrolyte disturbances, (4) serum transaminases levels, γ -glutamyl

Table 2 Dosage of S-1 (tegafur equivalent)

Body surface area (m ²)	Dosage A $(= 80 \text{ mg/m}^2/\text{day})$	Dosage B $(= 100 \text{ mg/m}^2/\text{day})$
<1.25	$40 \text{ mg} \times 2/\text{day}$	50 mg × 2/day
1.25-<1.5	$50 \text{ mg} \times 2/\text{day}$	$60 \text{ mg} \times 2/\text{day}$
≥1.5	$60 \text{ mg} \times 2/\text{day}$	75 mg \times 2/day

transpeptidase level and alkaline phosphatase level >10 times UNL, (5) serum creatinine level $\geq 2.0 \text{ mg/dL}$ and (6) any toxicity that necessitated a treatment delay of more than 15 days. Toxicity was graded according to the Common Terminology Criteria for Adverse Events (CTCAE) version 3.0. In step 2, the recommended dosages (RD) of FGS were then administered, and the effect of this combination therapy on objective tumor response was evaluated in patients who were given the RD (phase II). The number of patients to be enrolled in phase II was determined by using a SWOG's standard design (attained design) [8, 9]. The phase II included the patients who received the RD in the step 1. The null hypothesis was that the overall response rate would be $\leq 5\%$, and the alternative hypothesis was that the overall response rate would be $\geq 20\%$. The α error was 5% (one-tailed), and the β error was 10% (one-tailed). The alternative hypothesis was established based on the preferable data in previous reports [5, 15, 24, 30, 34]. Interim analysis was planned when 20 patients were enrolled. If none of the first 20 patients had a partial response or complete response, the study was to be ended. If a response was detected in any of the first 20 patients, an additional 20 patients were to be included in a second stage of accrual to more precisely estimate the actual response rate. If the number of objective responses after completing the trial was 5 or more among the 40 patients, then we would reject the null hypothesis and conclude that FGS was effective, and we would proceed to the next large-scale study. The severity of adverse events and progression-free survival and overall survival were investigated as secondary objectives in phase II.

Results

Patient characteristics

Between June 2006 and March 2009, 49 patients were enrolled in this study. Fifteen patients (level 1: 3 patients, level 2: 3 patients, level 3: 6 patients, level 4: 3 patients) were enrolled into the phase I (STEP 1), and an additional 34 patients were enrolled into the phase II (STEP2) at dose level 3. Table 3 shows the baseline characteristics of the patients in step 1 and step 2. A total of the 40 patients who were given the recommended dose, 6 patients and 34 patients who entered into the study at phase I and phase II, respectively, were evaluated for efficacy and detailed safety profile.

Phase I (STEP 1)

No DLT occurred during the first 2 cycles (4 weeks) at level 1 or level 2. At dose level 3, three patients were



Table 3 Patient characteristics

Characteristic	Step 1			Step 2	Total at the recommended	
	Level 1	Level 2	Level 3	Level 4	Level 3	dose (level 3)
No. of patients	3	3	6	3	34	40
Age, years						
Median	66	58	64	62	63.5	64
Range	55-69	51-58	48-71	52-70	40-80	40-80
Sex, n (%)						
Male	1 (33)	3 (100)	4 (67)	1 (33)	19 (56)	23 (58)
Female	2 (67)	0	2 (33)	2 (67)	15 (44)	17 (48)
ECOG performance statu	ıs, n (%)					
0	2 (67)	2 (67)	5 (83)	2 (67)	22 (65)	27 (68)
1	1 (33)	1 (33)	1 (17)	1 (33)	12 (35)	13 (33)
Primary tumor, n (%)						
Head	1 (33)	2 (67)	2 (33)	2 (67)	17 (50)	19 (48)
Body/tail	2 (67)	1 (33)	4 (67)	1 (33)	17 (50)	21 (53)
Metastatic site, n (%)						
Liver	3 (100)	3 (100)	6 (100)	1 (33)	25 (74)	31 (78)
Lung	1 (33)	0	0	2 (67)	7 (21)	7 (18)
Peritoneum	1 (33)	1 (33)	0	1 (33)	11 (32)	11 (28)
Lymph node	0	2 (67)	0	0	11 (32)	11 (28)
Tumor stage at the start	of prior treatmen	t, n (%)				
Locally advanced	0	0	0	1 (33)	7 (21)	7 (18)
Metastatic	3 (100)	3 (100)	6 (100)	2 (67)	27 (79)	33 (83)
Prior treatment, n (%)						
Gemcitabine alone	3 (100)	3 (100)	5 (83)	3 (100)	26 (76)	31 (78)
Gem + Axitinib	0	0	0	0	2 (6)	2 (5)
Gem + Erlotinib	0	0	1 (17)	0	6 (18)	7 (18)

evaluated first, and none developed DLT. Since all 3 patients experienced DLT at dose level 4 (grade 4 neutropenia in two patients, grade 3 stomatitis in one patient), 3 additional patients were evaluated at dose level 3. A DLT (grade 4 neutropenia) was experienced by 2 of the 3 patients in this additional cohort in dose level 3, and dose level 3 was determined to be the MTD. Based on these results, the RD was determined to be level 3.

Phase II (efficacy and safety profile in the 40 patients treated at dose level 3)

In step 2, the RD of FDR-Gem and S-1 was administered to an additional 34 patients, and a total 40 patients were treated at dose level 3 to evaluate the objective tumor response to this combination therapy. As of the date of the analysis, the protocol treatment had been concluded in 39 of the 40 patients, and a total of 286 courses (median: 5 courses; range 1–31 courses) had been administered at level 3. The actual mean weekly dose administered were gemcitabine 545 mg/m²/week (90.8% of planned dosage)

and 90.1% of planned dosage of S-1. Dose reduction was required in 10 patients because of grade 4 neutropenia (five patients), grade 3 fatigue (1 patient), grade 2 fatigue with grade 2 appetite loss (one patient), grade 2 nausea (two patients) and grade 3 rash (1). The reasons for treatment discontinuation in phase II were radiological disease progression (33 patients), clinical disease progression (two patients), recurrent grade 4 neutropenia despite dose reduction due to grade 4 neutropenia (two patients), grade 4 myocardial infarction (one patients) and patient request to return to his distant hometown (one patient). All patients who discontinued treatment because of adverse events recovered from the toxicities after discontinuation. Twelve patients received third-line chemotherapy after discontinuation of FGS: S-1 monotherapy in four patients, gemcitabine + S-1 combination therapy on another treatment schedule in three patients, chemoradiotherapy with S-1 in one patient and new molecularly targeted agents in four patients who participated in a different clinical trial. Twenty-two patients received best supportive care, the other five patients transferred to another hospital, and no



information is available about their treatment after discontinuation of FGS.

Toxicity

All patients in steps 1 and 2 were evaluated for toxicity. In step 1, grade 3/4 non-hematological toxicity was observed in two patients (grade 3 fatigue during the third course in one patient, grade 3 stomatitis during the second course in one patient). No grade 4 leukocytopenia was observed at any dose level, but grade 4 neutropenia was observed in one out of three patients at dose level 1, none of the three patients at dose level 2, two of the six patients at dose level 3 and all three of the patients at dose level 4. Grade 3 thrombocytopenia was observed in one patient at dose level 2.

Table 4 summarizes the toxicities in the 40 patients who received the RD (level 3). All 40 eligible patients were assessable for toxicities, and FGS combination therapy at the RD was generally well tolerated. The most common

Table 4 Treatment-related adverse events among the 40 patients who received the recommended dosages: highest grade reported during the treatment period

(60%), but most of these toxicities were tolerable and reversible. Grade 4 neutropenia was noted as hematological toxicity in five patients (13%). Grade 3 non-hematological toxicities consisted of fatigue (one patient), vomiting (one patient), rash (one patient) and liver abscess (one patient). The patient who developed the grade 3 liver abscesses recovered after appropriate treatment with intravenous antibiotic alone. One female patient, who had hypercholesterolemia and history of smoking of 30 cigarettes/day, experienced a grade 4 acute myocardial infarction on day 1 of the third course of treatment, after gemcitabine had been administered but before the start of oral S-1. Emergency coronary angiography showed total occlusion of the left anterior descending coronary artery. The patient recovered from the cardiogenic shock due to myocardial infarction after coronary stent implantation and appropriate supportive treatment. S-1 monotherapy for the pancreatic cancer was started about 1 month after the infarction. No other severe or unexpected toxicities were noted in any of the patients.

toxicities were leukocytopenia (60%) and neutropenia

	Grade n				Grade 1–4	Grade 3–4	
	1	2	3	4	n (%)	n (%)	
Hematological toxicities							
Leukocytes	11	4	9	0	24 (60)	9 (23)	
Neutrophils	10	1	8	5	24 (60)	13 (33)	
Hemoglobin	5	11	1	0	17 (43)	1 (3)	
Platelets	11	2	1	0	14 (35)	1 (3)	
Non-hematological toxicities					(0)		
Aspartate aminotransferase	8	1	0	0	9 (23)	0 (0)	
Alanine aminotransferase	8	3	0	0	11 (28)	0 (0)	
Alkaline phosphatase	5	2	0	0	7 (18)	0 (0)	
Total bilirubin	3	0	0	0	3 (8)	0 (0)	
Fatigue	15	2	1	0	18 (45)	1 (3)	
Nausea	13	4	0	0	17 (43)	0 (0)	
Vomiting	8	1	1	0	10 (25)	1 (3)	
Anorexia	19	6	0	0	27 (68)	0 (0)	
Stomatitis	4	0	0	0	4 (10)	0 (0)	
Alopecia	8	0	_	_	8 (20)	_	
Diarrhea	7	2	0	0	9 (23)	0 (0)	
Rash	3	4	1	0	8 (20)	1 (3)	
Hyperpigmentation	9	1	_	_	10 (25)	_	
Hand-foot skin reaction	1	2	0	0	3 (8)	0 (0)	
Watery eye	2	0	0	_	2 (5)	0 (0)	
Hoarseness	1	0	0	0	1 (3)	0 (0)	
Infection liver abscess	0	0	1	0	1 (3)	1 (3)	
Myocardial infarction	0	0	0	1	1 (3)	1 (3)	



Three patients died within 30 days after the final dose of the study drug. All 3 of the deaths were attributed to disease progression, and there were no treatment-related deaths.

Efficacy

It was possible to assess all 40 eligible patients who received the RD for response. Thirty-four patients had died by the completion of the follow-up period. There were no complete responses, but a partial response was achieved in seven patients (18, 95% confidence interval, 7.3–32.8%). Stable disease was noted in 19 patients (48%) and progressive disease in 14 patients (35%). Tumor responses to second-line FGS therapy are classified according to the tumor responses to first-line gemcitabine in Table 5. Three of 10 patients whose best response was progression disease in first-line chemotherapy achieved partial response in FGS therapy. The median progression-free survival time was 2.8 months. The median overall survival time after the start of second-line therapy was 7.0 months (range 1.3–18.9+),

Table 5 Objective tumor response

Response (2nd line)	n (%)	Response (1st line)		
		PR	SD	PD
PR	7 (18)	1	3	3
SD	19 (48)	3	12	4
PD	14 (35)	2	9	3
Total	40 (100)	6	24	10

Response rate: 18% (95% CI: 7.3-32.8)

RECIST criteria

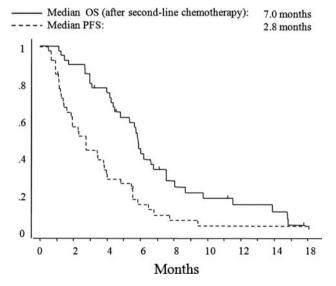


Fig. 1 Survival curves. Survival (n = 40). Progression-free survival $(dashed\ line)$ and overall survival time $(solid\ line)$ curves of patients with gemcitabine-refractory pancreatic cancer receiving systemic chemotherapy with FGS

and the 1-year survival rate was 18% (Fig. 1). The median overall survival time after the start of first-line therapy was 13.9 months (range 5.2–31.4).

Discussion

In the last decade, several clinical trials (mainly phase II) have been conducted in patients with advanced pancreatic cancer after failure of first-line gemcitabine or a gemcitabine-based combination regimen. The results of a randomized trial (n = 168) comparing fluorouracil and folinic acid versus oxaliplatin, fluorouracil and folinic acid (OFF) indicated that OFF improved progression-free survival and overall survival as a second-line chemotherapy. The median progression-free survival time and median survival time of OFF were 3 and 6 months, respectively [22]. In the present study, FGS yielded a median progression-free survival time of 2.8 months and a median overall survival time of 7.0 months, similar to the data mentioned above. Furthermore, the response rate of 18% in the present study was above the pre-established boundary (objective response in five or more of the 40 patients) required for the regimen to be considered effective. However, the gap between the median overall survival time and the median progression-free survival time in the present study was relatively large. Although the reason for this gap is unknown, a bias arising from the selection of patients with a good general condition or with a small tumor burden may explain these findings.

Whether gemcitabine as an FDR infusion is active even after progression during treatment with the standard 30-min administration of gemcitabine was the critical clinical question examined in this study. Differentiating between the relative roles of gemcitabine and S-1 in overcoming tumor resistance is difficult. The efficacy and survival data obtained in the present study seem to be better than those of previous studies for oral fluoropyrimidine monotherapy as a salvage chemotherapy for advanced pancreatic carcinoma (Table 6) [1, 2, 17, 28, 29]. However, since all the data were obtained in single-arm studies, a randomized study is needed to make these suggestions reliable. Furthermore, whether the combined regimen in the present study is superior to other regimens, such as the OFF regimen, remains an essential clinical question.

Safety and convenience as well as antitumor efficacy are critically important issues with regard to second-line chemotherapy. One patient experienced an acute myocardial infarction. Although she had other risk factors, such as a smoking habit and hyperlipidemia, a relation between gemeitabine and the acute myocardial infarction cannot be ruled out because gemeitabine had been administered on the day of the infarction. The toxicity profile of FGS



Study	References	Phase	Regimen	n	PR + CR (%)	Median PFS (months)	Median OS (months)
Morizane et al.	[12]	II	S-1	40	15	2.0	4.5
Abbruzzese et al.	[29]	II	S-1	45	0	1.4	3.1
Sudo et al.	[31]	II	S-1	21	9.5	4.1	6.3
Todaka et al.	[32]	Retrospective	S-1	52	4	2.1	5.8
Boeck et al.	[30]	II	Capecitabine	39	0	2.3	7.6
Morizane et al.	Current study	II	FGS	40	18	2.8	7.0

Table 6 Comparison between the current study and previous studies of oral fluoropyrimidine monotherapy as salvage chemotherapy for advanced pancreatic carcinoma

therapy in the other patients was acceptable, and the most common grade 1-4 adverse reactions were anorexia (68%), leukocytopenia (60%) and neutropenia (60%), although most episodes were tolerable and reversible. The safety profile in this study suggests that FGS can be safely administered to pancreatic cancer patients even in a second-line setting, at least in select populations. The biweekly schedule allows enough time to recover from myelosuppression and non-hematological toxicities before the following cycle, enabling patients to receive treatment as scheduled. Actually, the relative dose intensities of gemcitabine and S-1 in our study were high (90.8 and 90.1%, respectively). Furthermore, because of the biweekly schedule, patients do not need to come to the hospital for treatment as often compared with the first-line standard schedule of gemcitabine therapy. Our new treatment schedule may therefore improve the patients' quality of life during anticancer treatment.

We concluded that combination therapy consisting of gemcitabine as a fixed dose rate infusion and S-1 (FGS) provided a promising antitumor activity and tolerable toxicity in patients with gemcitabine-refractory metastatic pancreatic cancer. A larger randomized controlled trial is needed to confirm the clinical benefits of FGS following gemcitabine failure.

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